



## MAT PRE AND POST EVALUATION GUIDE

As part of the partnership with Neuropeak Pro, clients will be eligible for pre and post MAT session readings following their performance evaluation. To get started, please complete the Client Registration form on the practitioner resources page and a Neuropeak Pro team member will set up your client accounts within 48 hours.

### BEST PRACTICES

- Complete the practitioner training to acquire the best readings. A Neuropeak Pro performance coach will not be present for readings or interpretation.
- Complete all readings in a quiet, distraction free space with the client in a seated position. Complete readings within 5 minutes of the MAT session.
- Use the clinic device and clinic equipment for all readings. Clean equipment appropriately after each reading. Log in/out of the appropriate client account with each reading.

### READING 1: ELITE HRV

- Username: Client personal email address
- Select + button. Select Open HRV Reading. Time Limitation = 2 min. Disable breathing pattern, live preview and respiration tracking (if available). Hit “Save” after reading.

### READING 2: MYNDLIFT

- Username: Client Initial, Last Name, DOB @mateval.com  
- ex. jdoe1988@mateval.com
- Password: mateval
- Make sure the brow and head are free from sweat after MAT session.
- Home screen will read “Assessment”. Push “Start”. After the calibration period, **select “Audio”**, “For Evaluation Use Only” folder.
- Order of readings: Cz EO, Fz EO, Pz EO, Pz EC (Ignore the Eyes Closed prompts within app).

### DATA TAG FORM

- Complete only if there was an issue or event during the pre/post MAT session evaluation that may impact the quality of the data submitted.
- This will flag the Neuropeak Pro team to any outliers when analyzing the data.